Located in Southwest Dade (Redlands farm community), GHETC’s facility encompasses 20 acres of prime property with impeccable stables boarding 13 program horses, 10 open paddocks, two riding arenas, a sensory horse trail, an outdoor picnic area, accessible restrooms, recently refurbished clubhouse (1,300 square feet of recreational space with desks and chairs for indoor activities, a technology room housing five computers equipped with equine-related programs that enhance riding instruction and stable management), and a large open field that is utilized for sports activities, such as softball, kickball and volleyball. The facility was designed to meet the regulations of the Americans with Disabilities Act, and includes a non-ambulatory mounting ramp and ADA-compliant grooming platforms, making all the equine related activities accessible for physically disabled participants.

From 2001 to 2019, GHETC operated as the only PATH Intl. program in the tri-county area (Monroe, Miami-Dade, Broward), and is today one of two locally and one of 272 accredited internationally. In achieving PATH’s Premier accreditation status, GHETC has successfully demonstrated its excellence in providing quality, industry standardized, evidence-based equine assisted activities to individuals with disabilities. This voluntary process recognizes PATH centers that have met established industry standards. The accreditation process is a peer review system, in which trained professional volunteers visit and evaluate centers in accordance with PATH national standards. Centers that meet the accreditation requirements based on the administrative, facility, program and applicable special interest standards become an accredited center for a period up to five years; GHETC has continuously received a five-year accreditation status.

CBS Miami Channel 4 news recognizes the tremendous strides being made at Good Hope, the Miami Proud report featured Good Hope in its coverage of “Non-Profit Pairs Gentle Horses With Special Riders”. The coverage highlights one of our many volunteers along with the positive impact of equine assisted therapy to those served. People of all abilities and ages are saddling up and taking the reins at Good Hope Equestrian Training Center, where they not only enjoy a fun time but also gain independence and confidence. (Please visit www.ghetc.org for the full story).
Dear Friends of Good Hope,

From its beginning, GHETC has centered its mission and practice on fostering equity and inclusion across the realms of physical, mental and socio-economic characteristics. Participants are representative of diverse populations ranging from veterans returning from active duty with physical and emotional scars, including paraplegics, quadriplegics and amputees, to children with health related conditions, at-risk youth, and children and adults diagnosed with various other physical, intellectual and emotional disabilities (i.e., autism, cerebral palsy, multiple sclerosis, etc.).

Thanks to team GHETC, our Equine Assisted programs have rejuvenated the body, mind and spirit of our riders! Using the horse as the tool, our staff members have lead our participants in physical improvements in one or more of the following areas: muscle tone, strength, speech, balance and/or coordination (based on each rider’s disability or medical condition), as well as improvements in self-esteem, skill development and/or quality of life. The participation of our riders with diverse abilities has encouraged unity, minimized deconditioning, augmented physical functioning, and improved their overall psychological wellbeing.

As you know, Good Hope Equestrian Training Center (GHETC) has over two decades of experience in serving the recreational, educational and rehabilitative needs of individuals with various physical and intellectual disabilities, including Autism, Attention Deficit Disorder, Cerebral Palsy, Multiple Sclerosis, Post-Traumatic Stress Disorder (PTSD), Traumatic Brain Injury, Spinal Cord Injury, visual and hearing impairments, as well as emotional and learning disabilities. Using the healing powers of the equine to increase their independence, personal well-being and overall quality of life, GHETC has served over 5,100 Miami-Dade County children, youth and adults ages 3 to 75 to date. Located in South Dade/Redlands, GHETC uses its pristine 20-acre farm as its classroom and provides it participants the opportunity to build upon their unique gifts, enabling them to successfully improve their body, mind and spirit through the healing powers of the horse.

The following excerpt from the poem “I Saw a Child” is a poetic visual of anticipated results: “I saw a child, who couldn’t walk, sit on a horse, laugh and talk. Then ride it through a field of daisies and yet he could not walk unaided. I saw a child, no legs below, sit on a horse and make it go. Through woods of green and places he had never been; to sit and stare, except from a chair; I saw a child who could only crawl mount a horse and sit up tall.”

Thanks to the leadership continuity of our board of directors and our amazing staff members, volunteers and horses, GHETC continues to strive to meet the rehabilitative needs of the South Florida community.

Warm wishes,

Nancy Elias

BOD President
Good Hope Equestrian Training Center (GHETC) meets the recreational and rehabilitative needs of South Florida residents through the following evidence-based equine assisted programs:

- **Equine Assisted Therapy** – funded through Wellcare/Center for Medicaid Services/Medication Therapy Management and supports the provision of Equine Assisted Therapy to children, youth and adults diagnosed with autism, behavioral health conditions, and/or cerebral palsy who are enrolled within the Wellcare insurance program.

- **Life Skills Development Level 2 (Supported Employment and Personal Supports)** – state-funded program through iBudget/Agency for Persons with Disabilities serving adults with developmental disabilities ages 18 and older. Supported Employment provides year-round training and assistance designed to foster the acquisition, retention or improvement of skills related to accessing and maintaining employment at or above minimum wage. Personal Supports provides assistance and training in the activities of daily living, such as eating, bathing, dressing, personal hygiene, and preparation of meals. The level and intensity of service varies for both programs and is based on each recipient’s service plan.

- For nearly 20 years GHETC has been state funded through iBudget. This program serves adults with developmental disabilities through Supported Employment and Personal Supports. From 2001 through June 2019, GHETC was funded through iBudget for Level 1 Companion and Level 3 Adult Day Training Services. Based on massive budget cuts to this program from the federal level, the organization was forced to cease Companion and Adult Day Training services as of July 1st, 2019.

- **Endless Strides** – while everyone needs regular recreation that develops skills, promotes good health, facilitates social interactions, and provides a general joy for living, children, adolescents and adults with disabilities typically experience barriers to recreational participation with therapeutic benefits. Endless Strides serves individuals with a diagnosis of developmental, intellectual, physical or sensory disability specified in DSM-V-TR (American Psychiatric Association, 2013), offering equine-assisted rehabilitative and recreational programming whereby the equine partner plays a pivotal role in augmenting their personal independence, social connections, and overall quality of life.

- **Horsin’ Around** is an equine-assisted program serving highly at-risk youth ages 10 to 17 diagnosed with social-emotional disorders, and includes runaways from dysfunctional homes and children released from juvenile detention. The program is conducted in partnership with Miami Bridge, a Miami-based youth social service organization that deals with kids in crisis.

- **Horses Helping Heroes** – therapeutic horseback riding program designed to improve and restore the health of service men and women who have returned home with physical and/or psychological injuries co-incident with their military service. Program participants are primarily military personnel deployed during Operation Enduring Freedom (OEF), Operation Iraqi Freedom (OIF) and Operation New Dawn (OND), and diagnosed with PTSD, traumatic brain injury, spinal cord injury (complete and incomplete paraplegic), mood disorders, and/or chemical dependency resulting from their deployment.
Program Development: Our PATH, International certified and trained EAA staff members worked together to enhance the mounted horsemanship lessons & learning programs to existing and new students across Miami-Dade and Monroe counties.

Growing Financial Resources: Thanks to our generous donors & contributors GHETC raised over $47,000.00 during the 2019 Give Miami Day! This funding coupled with an increase in corporate and foundation support & private donations has aided GHETC with its long-term and short-term financial position.

An Increase in Community Partnerships and Awareness:
Over the past year, GHETC has been able to expand its collaborations with Wellcare/MTM insurance, corporate partners and other organizations to better assist the South Florida community.

Highlighting Volunteer & Internship Experiences: One of our many volunteers. Ms. Melina Nammur was honored on Channel 4 news this year for her dedication to enriching the lives of children at Good Hope through her volunteerism. Like many of our dedicated volunteers, this amazing young woman has been a dedicated, compassionate and hard-working individual who understands the meaning of paying it forward! Over the past year, GHETC has been blessed with the assistance of over one hundred and sixty volunteers from Miami-Dade Public Schools, Belen Jesuit High School, St. Brendan’s High School, Lourdes Academy, Gullivers, Ransom Everglades, Miami-Dade College, Florida International University, St. Andrews University & Lake Erie University.
2019 OVERVIEW OF INDIVIDUALS SERVED BY GHETC:

417 participants served
28% - Percentage of individuals with one diagnosis
72% - Percentage of individuals with multiple diagnoses
57% - Percentage of female participants
43% - Percentage of male participants
62% - Percentage of participants who receive partial or full scholarships through grants, IBF or Wellcare services

PERCENTAGES OF THE VARIOUS POPULATIONS SERVED IN 2019

- Emotional/Mental Health: 11 percent
- Developmental Disabilities: 43 percent (ASD, CP, ID, PWS, ...etc)
- Specific Learning Disabilities: 18 percent
- Traumatic Brain Injury: 9 percent
- Post Traumatic Stress Disorder: 13 percent
- Spinal Cord Injuries: 6 percent

PARTNERSHIPS:
Good Hope Equestrian Training Center has established partnerships with numerous community based organizations, civic organizations, private foundations, corporations and schools, colleges and universities throughout South Florida. Our partners include the following organizations: Bruce Carter VA, Dr. John T. MacDonald Foundation, Florida International University, Give Back to Special Equestrians, The Miami Foundation, Miami Kiwanis Youth Foundation, Ocean Reef Community Foundation, Dr. Porter Anderson Foundation, Miami Bridge, Miami Dade Public School System, Miami Dade County Parks, PATH International, Promiseland School, Wellcare, WiseHeart Foundation, & University of Miami CARD.

ACCOUNTABILITY: 2019 SOURCES OF SUPPORT
Contributions-16%; Private Fees for Services –33%; Grants—18%; IBF Services – 25%; Wellcare – 8%.
2019 Expenditures: Program Service Expenditures 64% Horse Care & Health - 18%; Administration 6%; Insurance & Professional Services 4% & Lease/Repair Expenses 8%.